

## Do You Practice A Form Of Quiet Time?



Getting close to God, to be Spirit fed, you must practice quiet...quiet of mind and heart. Set aside a time every day to be quiet for at least 15 minutes. Do not worry or plan anything...relax and try to be reverent. Just think of Jesus. This is a way to remove yourself from the world around you; it is the noise of the world that brings confusion and chaos. It is pleasing to God for you to lead a peaceful, quiet, dignified and godly life (1 Tim 2:2-3).

### Be Holy in All Your Conduct, Be Pure

Jesus is holy and calls you and me to also be holy in all our conduct (1 Peter 1:15). This prepares our minds for action, fills us with hope, and covers us in God's grace. Our world, our culture is fallen. It is dirty and it hates! It seems today that everyone's speech is loaded with curse words. Sinful actions are being normalized and to speak against the sin, we Christians are now being persecuted. But Jesus said to fear not because the world hated Him first (John 15:18); we are to set our sights on the LORD, supported and fed by the Holy Spirit. Christ has blessed you that you should be holy and blameless before Him (Eph. 1:4). This is not natural for us, for we exist in a fallen world where pressures come against from all sides. But you can overcome the world's pressures by having a foundation of Jesus Christ (Matt. 7:24-27). If you realize that you will be hated by all for your love of Jesus Christ (Matt. 10:22), then that abuse will not come as a surprise, thus allowing you to be peaceful, pure and holy in your conduct inspite of what happens around you.

To focus on the Holy Spirit and not the World, is the only way to have peace! Peace no matter what the world throws at you! As Stephen was being stoned to death, he had peace and faith in God as he asked God to forgive his wrongful attackers (Acts 7:59-60). To set your mind on the things of the world, things of the flesh, will lead to certain death for it is hostile to God (Romans 8:5-9). To be Spirit fed is to focus on the Holy Spirit; He will feed you peace and comfort. God is love and to "ride with God" is to be covered in love no matter what the world throws at you. To "roll with the world" is to be a part from God. You decide!

### "God Who Supplies" Says, "Fear Not!"

If you live by the flesh, you will die; but if you live by the Spirit, you will be a child of God because we are not slaves of the world to live in fear (Romans 8:13-15). There can be no fear when you have a vision of God and a sense of the Divine in your mind and on your heart. This is the indwelling of the Holy Spirit to those pure in heart. This requires some amount of action on your part to separate from the cares of the world, settle down, relax, and embrace the peace of the Lord. If you love Jesus and keep His commandments you will overcome the fears poured out from the world's haters (1 John 5:1-5), for God's love supplies you with all you need.

Yes, we all have "burdens" but burdens shouldn't cause you "fear". Burdens make you stronger; fears make you weaker. To be fearful makes you have a near-sighted focus on the issue causing you that fear. This draws you away from the One that provides the only proper focus a Christian can have...the Holy Spirit will provide you the proper focus to have! We Christians all know that it was Christ Jesus that paid the price to save us, but it is more than that. God the Holy Spirit protects us! Jesus prays to the Father in John 17:14-15: "I have given them [you and me] your [God] word and the world has hated them, for they are not of the world any more than I am of the world. My prayer is not that you take them out of the world but that you [God] protect them from the evil one. They are not of the world, even as I am not of it.

# 7

THE PERFECT NUMBER

# WAYS

# TO BE SPIRIT FED

### Focus on The Holy Spirit, not the World

Are you frightened by hurricanes, earthquakes, floods, tornados, war, crime, bullies, drug lords, governmental interference, loss of job, banks collapsing, cancer, health issues, and other things beyond your control?



## God's Family Has Adopted Children



Spirit fed? I can show you better than that; you can be in the "Family of the Spirit". Did you know that in the biblical days, to be adopted made that person equal to those "blood family" members? Adoption, according to Scripture, is an eternal act of divine grace, for He [God] "predestinated us unto the adoption of children by Jesus Christ to Himself according to the good pleasure of His will" (Ephesians 1:5).

If you believe in Jesus Christ, accept Him as your personal Savior, and try to live a pure life, then you will be become a "joint-heir" to the Kingdom of God. This fact is unimaginable in its glory; to hang on this fact casts off all fear and anxiety. The Apostle Paul teaches this truth very clearly when he writes: "For as many as are led by the Spirit of God, they are the sons of God. For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father. The Spirit itself beareth witness with our spirit that we are the children of God. And if children, then heirs; heirs of God, and joint-heirs with Christ; if so be that we suffer with him, that we may be also glorified together" (Romans 8:14-17).

Yet the adversary [Satan] has a goal for your life, he wants to steal your hope and joy, he wants to make you so discouraged that you will just quit and give up. He knows that if you get discouraged, fearful and down, that you will eventually settle for less than what God has for your future.

The conviction of Christian believers that in Christ Jesus they are God's dear children, is deeply rooted in the hearts of all who "rejoice in hope of the glory of God" (Romans 5:2).

### You Are a Work of Art – God's Poetry

You have wonderful value! You are a work of art! The Bible tells us, "For we are his workmanship, created in Christ Jesus for good works." (Ephesians 2:10). The word for workmanship is "poema", where we get our word "poem". A poem can be defined as the best words in the best order, in other words, a work of art. You are God's poetry!

This fact for you is not for you to become arrogant, but to become excited and passionate...excited to tell others of the "Good News" of Jesus Christ. This becomes your response to what you have now received! When you are excited for Jesus, you are no longer fearful and anxious about what the world throws at you. Paul tells us, "Therefore if any man be in Christ, he is a new creature; old things are passed away; behold, all things have become new" (2 Corinthians 5:17).

God's original plan for you was to have a relationship with you; only you can pull away from God. God so wants you back to Him (what creator doesn't love his creation?) that He sent His only Son to pay your debt, so that you would be free to repent and turn back to God for that loving relationship...the original plan!

The choice is yours; YOU have to make a decision. A fool says there is no God. You are not a fool because you have taken time to read this little brochure. You can do this...commit your life to Jesus Christ and try to follow Him.

## God's People Live In Hope



You should base your life on the promise that God's original design and purpose will not be crushed under the terrible load of sin, rebellion, and condemnation. Instead, because of Christ, you should look forward to the day when you will enter a new world to live with God forever.

Israel was expected to live pure lives if they were to receive God's promised blessings...the same is to be true for you.

God calls all of us to lives of purity and obedience. One way for you to do this is "to keep oneself from being polluted by the world" (James 1:27). The apostle Paul laid down careful guidelines for holy living as well as you can, take a moment to look up 1 Corinthians 5:9-13 and 2 Corinthians 6:14-7:1. This is available and possible for you. The Lord wants his people to be pure today; fear is a choice, it is this focus of purity in your life that will take away fear. God created the ability for you to do this; don't say you can't...YOU CAN!



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